

Patient Vignettes – Based loosely on real people

Each of these varied presentations might appropriately prompt assessment for hypermobility with a Beighton score and further questioning for features of hEDS/HSD, MCAS and PoTS, such as using the Just GAPE questions.

9yrs M dislikes football

Recurrent abdo pain, improved with gluten-free diet, leg pains after over-exertion ('growing pains'), hand pain and poor pencil grip.

23yrs F teacher

Severe post-viral fatigue for 6 weeks, palpitations on standing. Dislocated patella as a teenager.

28yrs M pharmacist

Recurrent nausea & vomiting, diarrhoea, severe post-op bruising after hernia repair.

32yrs F doctor

Vaginal delivery resulted in episiotomy and tear with wound breakdown, severe anxiety post-partum then later PTSD to labour trauma.

40yrs F research scientist

New onset disabling headaches, improved by lying down associated with severe vertigo. Brittle asthma.

50yrs F pub landlady

Fibromyalgia, chronic fatigue, migraines, dysmenorrhoea, menorrhagia, recurrent plantar fasciitis, greater trochanteric pain syndrome, TMJ dysfunction, gastritis, hypothyroidism, B12 deficiency, incisional hernia.